



FINAL ENTRY
RaceRunning Development Camp
& CPISRA International Cup
7th – 14th July 2019



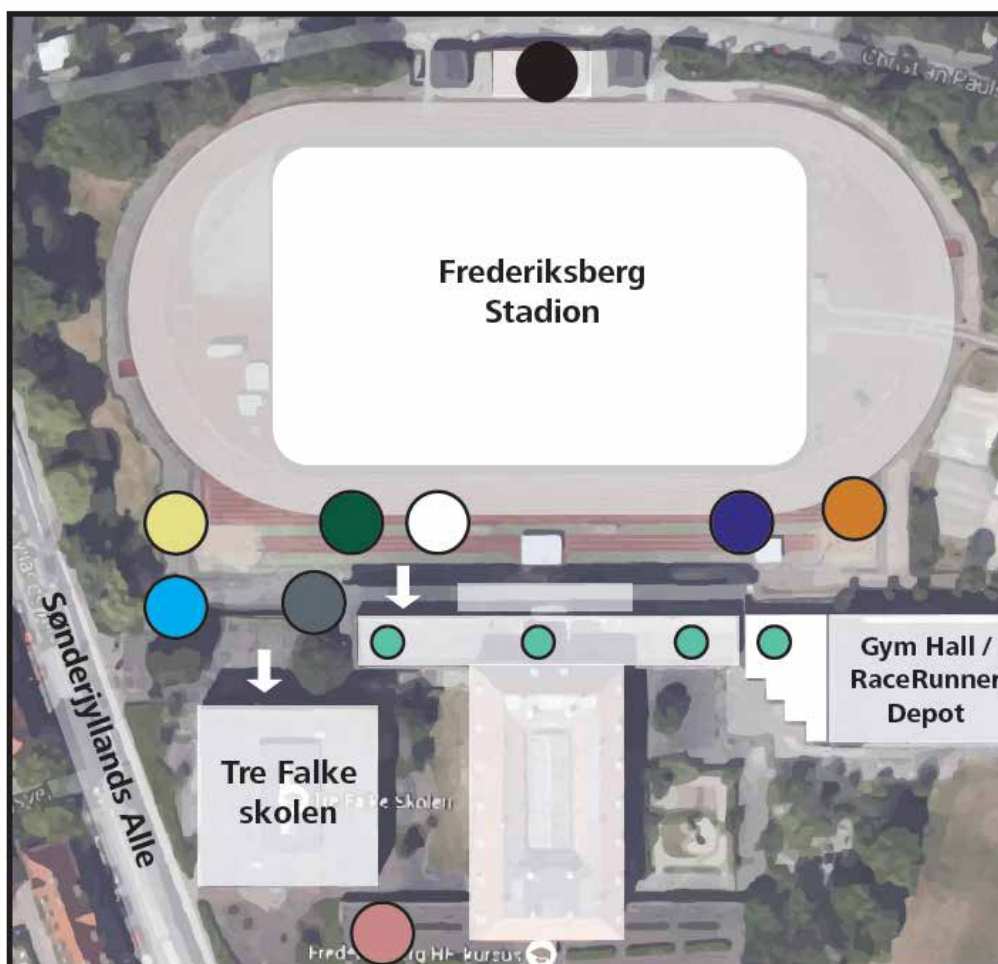
Final Entry Information

This document is sent out to all who have registered the preliminary entries for the RaceRunning Development Camp and CPISRA International Cup. It contains the necessary information for your team to do the Final Entry. Please read thoroughly before starting the online registration.

Training venue and camp facilities

All camp activities take place at Frederiksberg Idrætspark and Tre Falke School. The two facilities are located right next to each other.

Address:
Sønderjyllands Allé 4-6
2000 Frederiksberg



- | | |
|------------------------------------|--------------------------------------|
| ● Club House/Classification Office | ● RaceRunnershop/service |
| ○ Callroom Tent | ● Entrance Stadium |
| ● Athlete's Tent | ● Long-term Parking |
| ● Event secretariat | ● Sponsor wall |
| ● Kiosk | ● Accessible bathing facilities & WC |





Preliminary Activity Schedule

Date	Morning	Afternoon	Evening
Sunday July 7th	MAIN ARRIVAL DAY	Classification	21:00 Team Manager Meeting
Monday July 8th	Classification Training session	Classification Training session	Social activities
Tuesday July 9th	Classification Training session	Team Manager Meeting Classification Training session	Social activities
Wednesday July 10th	Training session RaceRunner check	Team Manager Meeting RaceRunner check Meeting regarding competition Opening ceremony for CPISRA International Cup	Athletes Forum Social activities
Thursday July 11th	Team Manager Meeting CPISRA International Cup	CPISRA International Cup	Social activities
Friday July 12th	Team Manager Meeting CPISRA International Cup	CPISRA International Cup	Social activities
Saturday July 13th	Team Manager Meeting CPISRA International Cup	CPISRA International Cup Closing ceremony	Farewell Party (only for those who have participated in the entire camp)
Sunday July 14th	Departure – everyone is asked to leave no later than 12 am (event closes at 12 am). All accommodation after this point is entirely up to and at the cost of the participant.		

Team Manager

Each country must choose a Team Manager to oversee the communication with the camp organizers before and during the camp.

Remember to choose a team manager from your country when you fill out the online registration.

If a country has more than one team coming to the camp, they must choose one person to represent all the teams as team manager.

Please inform the camp organizers who this person will be at msi@parasport.dk



Competition Information

Event Enrolment:

In the Final Entry the athletes must choose in which events he/she wants to participate. The maximum number of events per athlete is limited to 4.

Around the 1st of June all teams will receive the registered information for their participants to confirm that we have the right data. After confirmation, no changes can be made.

Time	Wednesday 10 th	Thursday 11 th	Friday 12 th	Saturday 13 th
10.00 - 11.00		100 m - Heats	1500 m - Finals	5000 m Finals
11.00 - 12.00			400 m - Heats	200 m - Heats
12.00 - 13.00		800 m Finaler	40 m - Heats	60 m - Heats
13.00 - 14.00		Break	Break	Break
14.00 - 15.00	Opening Ceremoni			
15.00 - 16.00		100 m Finals	400 m - Finals	200 m - Finals
16.00 - 17.00	Special Kids Event			60 m - Finals
17.00 - 18.00		Medal Ceremoni	40 m - Finals	Medal Ceremoni
18.00 - 19.00			Medal Ceremoni	Closing Ceremoni

Competition Regulative:

The competition is held in accordance with the World Para Athletics rules and takes place in accordance with the international classification standards. When distributing the prizes, we will follow the international standards.

Read the World Para Athletics rules and regulations here:

www.paralympic.org

To optimize the races, the competition organizers retains the right to mix runners from different classes in each heat.

It will be possible for athletes to participate in the competition even though they have not participated in the Camp. It will cost 800 DKK including disciplines and 3 times lunch. If an athlete only participates in the Cup and not in the Camp, the participant must be classified in advance by an international classifier.

We arrange 3 competitions simultaneously to give all athletes the possibility to compete and win medals. Which competition an athlete will compete in, depends on which age group and classification group the athlete belongs to.

CPISRA International Cup

Status: World Para Athletics (WPA) Internationally Recognized Competition

Results: Results are registered at WPA. New world records are honored with a special medal in cooperation with CPISRA

Formal entry requirements: CPISRA membership and WPA license

Age: Senior, 14 years and above on 31st December 2019

Classes: RR1, RR2, RR3, RR4

Events: 100m, 200m, 400m, 800m, 1500m, 5000m

RaceRunner's Open Cup

Status: : CPISRA Internationally Recognized Competition

Results: Registered at CPISRA

Age: Senior, 14 years and above on 31st December 2019

Classes: RR1, RR2, RR3, RR4, RRA

Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

RaceRunner's Junior Open Cup

Status: National Recognized Competition

Results: Registered at CPISRA

Age: Junior, 13 years and under on 31st December 2018

Classes: RR1, RR2, RR3, RR4, RRA

Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

CPISRA World Record Medals

To celebrate that RaceRunning is acknowledged as a discipline in World Para Athletics, we introduce a special medal to athletes that set new world records. This new initiative is made in cooperation with CPISRA and apply only to athletes who participate in the CPISRA International Cup.



Training Sessions

During the camp there will be lots of opportunities for training. This year we will plan daily training sessions for each country, where the team is responsible for the training of their own athletes. The coaches of the Danish National Team will be present on the stadium to offer advice and directions for the training.

Classification

A new RaceRunning classification system will be implemented over the next few years. For this reason, only new athletes will be classified at the Camp. Check the list of classified athletes from your country (separate document attached in mail). If an athlete is not on the list, he/she must be classified to participate in the competition. Please answer accordingly in the online registration.

Classification fee: DKK 200,00

Promotion of RaceRunning

In the continuously effort to promote RaceRunning, we are looking for good stories to share with the world. Therefore, we would appreciate very much, if you can spend some time to write about yourself and how you got involved in the sport in the online registration.

At the camp people from all over the world come together for a unique week of celebrating RaceRunning. We think that this is a relevant story. To share it, we would like to invite all athletes to make a short video, explaining why they choose to come to Denmark for this week and what they expect from the RaceRunning Development Camp and CPISRA International Cup. If you would like to join this idea, please let us know in the online registration, and we will contact you.



Accommodation Info

Tre Falke School

Sønderjyllands Alle 4
DK-2000 Frederiksberg

Capacity: 120 people

The accommodation here will be in large classrooms with foldable beds, 4-6 persons per room. A few hospital beds and box mattress beds are reserved for those in need of these.

The school is fully accessible by wheelchair and there are many standard toilets and three toilets for the disabled. Shower facilities and restrooms that are more accessible are at the stadium 100m away.

Breakfast, lunch, and dinner will be served at the school's common area. All meals include beverages.

The School at Nyelandvej

Lollandsvej 40
DK-2000 Frederiksberg

Capacity: 40 people

The accommodation here will be in large classrooms with foldable beds, 4-6 persons per room.

The school is fully accessible by wheelchair.

Breakfast, lunch, and dinner will be served at Tre Falke School (the camp area). All meals include beverages. Daily transport by bus to and from Tre Falke School (the camp area) is offered.

At the stadium where the camp and cup takes place there will be a relaxing room, reserved for people staying at the School at Lollandsvej 40.

Hotel Scandic Sydhavnen

Sydhavns Pl. 15,
DK-2450 Copenhagen

We also offer an alternative accommodation at Hotel Scandic Sydhavnen - providing single, twin and double rooms.

The prices include breakfast at the hotel. The rest of the meals will be served at the Tre Falke School.



Entry Fees

We are offering four different options regarding participation and accommodation. The participation fee includes the following, unless otherwise specified: All activities (training, social events, party etc.), Competition fees, Catering, Accommodation, Airport shuttle.

Option 1

Participation fee including accommodation at a school
DKK 3.300,00

Option 2

Participation fee including accommodation
at Hotel Scandic Sydhavnen
Single room: DKK 8.300,00

Double room: DKK 6.100,00 per person
Double room (Alone): DKK 9.100,00 per person

Option 3

Participation fee excluding accommodation and breakfast
DKK 2.700,00

Option 4

Participation fee covering only the Cup
DKK 800,00

(Athlete must be classified in advance
as either RR1, RR2, RR3 or RR4)

Diet

When you sign up you have the option to choose between one of either regular diet (all meat is halal) or vegan diet. Other individual needs and dietary preferences, allergies and intolerances will not be accommodated for.

Meals included in the participation fee:

- Daily breakfast (not included for self-accommodated participants)
- Daily large lunch sandwich
- Daily dinner-buffet
- Drinks for all meals
- Snacks and drinks during training and competition
- Party dinner, 3 courses and alcoholic beverages

We serve meals from dinner Sunday July 7th to breakfast Sunday July 14th.

Transportation

For practical reasons we need to know how you are planning to come to the camp.

Please choose in the online registration if you will arrive by plane, own car, bus, train or other.

Driving Service - To/from Airport

If you are arriving by plane you will be received by a driver from the camp, that will escort you to your accommodation facility. On the day of departure, a driver will drive you to the airport. In the transport entry (1st of June), we will ask you to provide your flight numbers and flight times to coordinate.

IMPORTANT: There will not be organized daily transport between the hotel and camp.

Public transport

The public transport in Copenhagen is easy to use and the connection between Hotel Scandic (Sydhavn St.) and the camp (KB Hallen St.) is relatively fast and accessible. For more information see: www.rejseplanen.dk

Car rental discount deal

We have negotiated a discount with the car rental company Europcar. We can recommend the deal for the people staying at the hotel. If you are interested, please contact us at msi@parasport.dk

Travel Visa

Remember to inquire whether you will need a visa to enter Denmark and to start the visa application procedures in appropriate time.

Follow this link for the official visa rules of Denmark:
www.um.dk/en/travel-and-residence/danish-visa-rules/

Visa invitation letters and other documentation will be produced on request.

Use of Personal Information

Because of a new law regarding usage of personal data and pictures, the camp organization is obliged to get permission to keep personal data and use pictures of the participants. We guarantee that personal data is only used for camp related purposes. Pictures taken at the camp may be used as documentation or promotion of RaceRunning. The permission is given through the online registration.



Payment

When finalizing your entry, you have the option of paying by credit card or via bank transfer (Pay by Check).

Pay by card (Preferred)

Click the pay by card option and enter your card details in the pop-up payment window. You will automatically be redirected to the confirmation page when payment has succeeded.

Bank Transfer (Pay by Check)

The payment details with amount and payment ID will be shown on the screen as well as they will be sent to your e-mail. The amount must be transferred to the following bank account:

Bank information:

Jyske Bank, Frederikssundsvej 202 D, 2700 Brønshøj, Denmark

SWIFT Code: JYBADKKK

IBAN NR: DK6750220001261584

Make sure that all fees and bank charges are paid by the payer.

IMPORTANT!!

Please state the following information when paying: Payment ID - your name - your country - your email address.

The full amount must be received no later than 15th of May, 2019. If the payment is not received correctly before this date, a fine of 50% will be added to the amount. And if that amount is not paid before 1st of June 2019, participation is not allowed.

Deadlines

Deadline	Milestone	Payment
1 st May 2019	Final Entry and payment	Participation
25 th May 2019	Late Entry and payment	Participation + 50%
1 st June 2019	Confirmation of athlete event information and transport information	

[Link to Final Entry](#)

For more information:

Mansoor Siddiqi: msi@parasport.dk

